



Stroud and Tetbury Scout District

District Commissioner: Anna King



To: *Parents*
From: *Louise Little*

Date: 17/12/09

Stage Two Swimming badge

Stroud and Tetbury Scout District would like to invite your child to take part in the Stage Two Swimming badge assessment. The details are:

Date: Saturday 6th February 2010
Venue: Stratford Park Leisure Centre Pool
Time: 5:45pm register in entrance lobby
6:00 – 7:30pm (approx) in pool
Bring: Wear Cub or Scout Uniform; bring swimming kit and extra towel to be brought to the poolside
Cost: £2.00

There will be a registration table in the entrance lobby. All Scouts & Cubs must register here between 5:30pm and 5:45pm. They will then proceed to the changing rooms. Please **do not** let your child enter the changing rooms before this time.

Requirements: The requirements for this badge are as follows:

1. **Safety** Know the safety rules and where it is safe to swim locally.
2. **Enter Pool** Demonstrate a controlled entry from the side of the pool, into at least 1.5 metres of water.
3. **Short Swim** Swim ten metres on the front, ten metres on the back, and ten metres on the back using legs only.
4. **Tread Water** Tread water for three minutes in a vertical position.
5. **Water Skills** Surface dive into at least 1.5 metres of water and touch the bottom with both hands. Mushroom float for ten seconds.
Enter the pool and push off from the side on their front, and glide for five metres.
From the side of the pool, push off on their back and glide for as far as possible.
6. **Distance Swim** Swim 100 metres without stopping.
7. **Activity** Take part in a swimming activity with other Cubs & Scouts. (The floats will be available at the end of the session.)

If your child would like to attend this badge assessment, please return the form below to the Cub/Scout leader as soon as possible and no later than Friday 22nd January 2010. Please also include the payment of £2.00. If you have any queries or require any further information, then please do not hesitate to contact Louise Little on 01453 766839 / 07815 077020. If your child returns the slip and is then unable to take part, please ring me and let me know.

STAGE 2 SWIMMING BADGE ASSESSMENT – 6th February 2010

Name of child: _____ Pack/Troop _____

My child would like to attend the Swimming Badge assessment on 6th February 2010 between 5:45 – 7:30pm.

I enclose £2.00.

In case of need I can be contacted as follows:

Phone _____ Mobile _____

Please state if your child has a disability or condition which is relevant to his / her participation in this activity

Signed _____ parent / guardian